International Student Packing Guide

Many international students make the mistake of packing too much. There are shops in the Boone area with many different price points where you can buy the things you need. Most clothing items, personal care items, and furnishings for your dorm or apartment can be purchased once you are in the U.S. International students are given the opportunity to shop for needed items on their first day of orientation.



Clothing

Important Documents

- A valid passport
- Valid F-1/J-1 visa
- Signed I-20 or original signed DS-2019
- Original financial documents used for obtaining visa
- Letter of admission to Appalachian State University
- Contact information for the Office of International Student and Scholar Services
- Casual clothes that can be layered for all kinds of weather
- One or two formal/professional outfits
- Comfortable shoes
- A light jacket
- A heavy coat
- Winter boots
- A raincoat or umbrella

Linens

For on-campus housing, you will need towels, sheets (XL Twin), blanket, and pillow. But you don't need to pack them! We will take you shopping on your first day in Boone, or you can borrow these items through our Pay It Forward Donation program. Look for information on Facebook about that program before you arrive. Other documents you think you may need



Other Essentials

- Personal mementos and reminders of home
- Prescription medicines
- Toiletries for a few days
- Laptop/phone/other electronics
- Charger adapters